



DEADLY LIVER MOB

Resources

Deadly Liver Mob Participant Knowledge Checklist

Participant # _____

| HCV Topic | Key points | Achieved (tick) | Comments |
|---------------------------|--|-----------------|----------|
| What is it? | 1. Virus that gets in your blood | | |
| | 2. Affects your liver – makes you sick | | |
| | 3. For most people it stays in your body | | |
| How do you get it? | 1. By getting the blood of someone with the virus into your own bloodstream. | | |
| | 2. Sharing ANY injecting equipment | | |
| | 3. Sharing tools for tattooing/piercing | | |
| | 4. Sharing personal items (toothbrushes/razors) | | |
| How do you avoid it? | 1. Use ALL your own injecting gear | | |
| | 2. Only use professional body artists | | |
| | 3. Have your OWN toothbrush / personal items stashed and marked. | | |
| How do you live with it? | 1. ALWAYS use clean fits – be aware of blood | | |
| | 2. Eat fruit and veges – avoid sugary food | | |
| | 3. Reduce alcohol | | |
| What can you do about it? | Treatment is available – but first you need to have some blood tests | | |